

When you call 9-1-1 a stroke-ready team is alerted and will prepare for your arrival. Emergency medical personnel will begin life-saving care en route to the hospital.

Every minute a stroke goes untreated, 1.9 million brain cells die.

Stroke is the leading cause of adult disability. Immediate treatment can prevent long-term disability from stroke.

## Act **FAST** at the first sign of **STROKE**

### Know the sudden signs of **STROKE**:

- Numbness or weakness of the face, arm, or leg, especially on one side of the body
- Confusion or inability to speak
- Loss of vision in one or both eyes
- Dizziness, loss of balance, or difficulty walking
- Severe headache with no known cause



[ndhealth.gov/heartstroke](http://ndhealth.gov/heartstroke)

**Call 9-1-1 when you see the signs**

